Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Transdisciplinary Skills**

Self-Management Skills

* Being organized
* Using time wisely
* Practicing safety
* Following codes of behavior
* Making good choices
* A healthy lifestyle
* Large motor skills
* Small motor skills
* Spatial awareness

Social Skills

* Accepting responsibility
* Respecting others
* Cooperating with others
* Resolving conflict
* Making decisions in a group
* Adopting a variety of group rules

Thinking Skills

* Gathering knowledge
* Understanding (comprehension)
* Applying what is known
* Analyzing information
* Putting information together (synthesizing)
* Evaluating information
* Thinking in more than one way (dialectical thought)

Communication Skills

* Listening
* Speaking
* Reading
* Writing
* Thinking about thinking (metacognition)
* Non-verbal communication

Research Skills

* Asking questions and trying to get the answer
* Observing
* Planning
* Collecting information
* Recording information
* Organizing information
* Interpreting information
* Presenting what is found from research

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Afternoon reflections: